



## LIVINGSTON COUNTY HEALTH DEPARTMENT

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[www.lchd.org](http://www.lchd.org)

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### PERSONAL/PREVENTIVE HEALTH SERVICES

P: (517) 546-9850

F: (517) 546-6995

### ENVIRONMENTAL HEALTH SERVICES

P: (517) 546-9858

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Dear Families and School Staff,

Given the increase in COVID-19 cases in Livingston County, the Livingston County Health Department (LCHD) recommends COVID-19 screening testing for students, families, and school staff for at least the next two weeks. Testing is especially important to keep others safe at upcoming holidays and family gatherings.

Screening testing involves testing people who have no symptoms of COVID-19 (as compared to testing when a person is sick). The recommended frequency of testing is at least twice per week for at least the next two weeks. LCHD also strongly recommends that individuals undergo screening testing before and after the holidays.

There are multiple testing options available in Livingston County. A list of providers can be found here: <https://bit.ly/3i9iygc>.

There are also two opportunities to undergo free, at-home testing for COVID-19 through research studies. **These are completely voluntary.** They are simply an opportunity to access additional testing free of cost.

- If you choose to participate, COVID-19 test kits will be delivered to your home for either two weeks or twelve weeks, depending on which study you choose. Additional details about the studies are listed below.
- Please note these are open to school staff, students, and family members who meet the enrollment criteria.
- If you do test positive while enrolled in these studies, please contact your school and submit a self report form to LCHD through the online portal: <https://bit.ly/3nbl8k1>. LCHD does not have access to your study results.

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### Test Us At Home Study (ages 2 and older)

Test Us At Home is a new, NIH-funded clinical study about COVID-19 testing. The study aims to understand how to best use over-the-counter COVID-19 tests in people who have no symptoms. If you join the study, two types of COVID-19 tests will be delivered right to your doorstep: 1) a rapid, over-the-counter test and 2) a standard test you will mail to a lab. **You will test yourself at home every other day for 15 days.** Gift cards of up to \$250 will be provided to participants who complete all the study activities on-time.

Please see the website for instructions on how to enroll in the study:

<https://covid19testus.org/research-studies/test-us-at-home/>

When enrolling, please choose Michigan Schools and choose your school. This will prioritize your enrollment into the study.

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### **Self-Testing for Our Protection from COVID-19 study (ages 8 and older)**

STOP COVID-19 is a new, NIH-funded clinical study about COVID-19 testing. The study aims to understand how people use COVID-19 tests at home and whether people will report results from the tests to the Department of Public Health. The study also aims to determine if repeated testing using home tests can help stop the spread of COVID-19 and if immunity from vaccines or previous infection changes over time or due to different variants. **This is a twelve-week study** and if you decide to participate, you will download a smartphone app, answer questionnaires, and perform testing when prompted by the app. If you meet the study criteria, you will use one or more of the following tests that are delivered to your doorstep: 1) a rapid, over-the-counter test and 2) a standard test you will mail to a lab. Gift cards of up to \$100 will be provided to participants who complete the questionnaires and tests over the 12- week period. Get more details about joining the study at <https://covidtestypsiaa.org/learn-about-the-study.html>.

# Test Us At Home: Help us learn more about COVID-19!

#32015623.0 IRB Approved at  
the Protocol Level 20214875  
Oct 13, 2021

## What is this research about?

We want to learn how to best use over-the-counter tests to detect COVID-19 in people who have no symptoms. Over-the-counter tests are ones that you can get without a prescription and use to test yourself at home. This research will compare over-the-counter tests to standard COVID-19 tests that are done in a lab.

## What does participation in this study involve?

You are asked to download the MyDataHelps app, answer some questions about yourself, and perform two COVID-19 tests at home every other day for 15 days.

## Do I have to travel anywhere to be in this study?

No, you can complete the study from home.

## How long will this take?

20-30 minutes every other day for 15 days

## How are the COVID-19 tests done?

You will use a swab to collect samples from the front part of your nose. Instructions on how to do the test will be provided to you.

## Will I get the test results?

You will get results from the over-the-counter tests in 15 minutes. You will collect another sample at the same time and ship it to a lab to perform the standard COVID-19 test. You will receive the results of the standard test 2-5 days after mailing it in. Materials and instructions to ship the sample are provided.

## What else do I get if I participate?

You will receive multiple gift cards that may add up to \$250 in value if you complete all parts of the study on time.

## How will my test samples be used?

Your test will help determine the best way to use over-the-counter tests and samples may be used for future research studies.

## What happens if I test positive for COVID-19?

You will be asked to follow up with your primary care provider or other healthcare provider.

## How do I get more information and participate?

To enroll in the study, please visit the study website ([Test Us At Home \(covid19testus.org\)](https://www.testusatohome.org)) and follow the steps outlined or download the smartphone app called MyDataHelps and enter the code GCMHHQ to enroll.

This Study is supported by the [NIH Rapid Acceleration of Diagnostics \(RADx<sup>SM</sup>\) Initiative](#)



# Self-Testing for Our Protection from COVID-19

## What is this research about?

We want to learn people's behavior for testing and reporting using home COVID-19 tests

## How can I help?

Download the MyDataHelps app and perform the tests as instructed by the app, this will include performing tests when indicated

## Do I have to travel anywhere to be in this study?

No, you can do the complete 12-week long study from home

## How long will this take?

About 20 minutes a day, up to 3x/week, for home test and completing questionnaires

## How are the COVID-19 tests done?

Samples will come from the front part of your nose.

## Will I get the test results?

You can get home test results within 10 minutes. There is another test that you collect and ship, which will take 3-5 days

## What else do I get if I participate?

You will get two \$50 gift cards for completing this 12-week study and the surveys.

## How will my test samples be used?

Your test samples will only be used for this research study.

## What happens if I test positive for COVID-19 with the home test?

You will be asked to follow up with your primary care doctor or referred to one of the urgent care providers

## How do I get more information and participate?

To enroll in the study, please visit the study website (<https://covidtestypsiaa.org/learn-about-the-study.html>) and follow the steps outlined or download the smartphone app called MyDataHelps and enter the code STPCVD to enroll.

Brought to you by [NIH Rapid Acceleration of Diagnostics \(RADx<sup>SM</sup>\) Initiative](#)

